

2018 NY State Championship Time Trial



Technical Guide

Thank-you for registering for NYSBRA's NY State Championship Time Trial! Good luck to all!

Start times will be posted late Friday in the files section at the bottom of the BikeReg registration page at:

<https://www.bikereg.com/ny-state-time-trial-championships>

You'll also find this tech guide (PDF), course maps, and Strava elevation profiles. I'll send out an email via BikeReg when the start times are posted.

When you arrive at registration at the Tioga Center School football field on 5th Avenue, you just need to have your license out, sign your waiver, and pick up your number. Too easy!

Numbers go on the right ribcage (not on your back, shoulder or pockets), so we can read it when you are hunched over gasping for air and drooling on your aerobars as you blast past the finish line. You will not be allowed to start if your number is folded up. We'll forgive you if you are 9 years old and the bib is bigger than you are, but otherwise no excuses!

Your bib number is your start time in "minutes after we get started" on the big Good Ol' Digital (G.O.D.) Master clock located at the start line. Bib #1 will start at 10:01, bib #50 at 10:50, bib #90 at 11:30, etc. Everything goes by this clock!

Common sense (not to mention rule 3E5(a)) say you should start hovering around the start line 3 minutes prior to your start with your eyes on G.O.D. and your ears on the "Whip," who is the person calling riders into the start queue.

The start queue consists of 3 orange cones on 5th Avenue before the start line, spaced about 5m apart, labeled "3 min," "2 min," and "1 min." After each rider starts, all riders in the queue move up one spot. You'll figure it out.

The start line is across from the Tioga School Sign. The finish line is at the far end of the Post Office Parking Lot.

The course runs on Rt. 17c from Tioga Center to:

- 10km: turn is halfway to Barton near Ben Hill Road
- 20km: turn is almost to Barton (before the gas station)
- 40km: turn is just before the RR tracks in Waverly.

At the turn you must go around the orange cone we cleverly placed in the middle of the road for that purpose. The course is a big ring ride, mostly flat, with wide shoulders and pretty good pavement (it was new for us four years ago). Wicked fast!

The course is not closed to traffic so you must obey all traffic laws; e.g., ride as far to the right as practical at all times, except when passing slower riders. There will be a Tioga County Sheriff with flashing lights and volunteer(s) at the turn-around to give you the right of way; still, please make sure the road is actually clear before you dive for the turn-around cone! Half the drivers out there are below average.

Passing riders must execute a clean pass with no drafting (defined as riding within 2m side-to-side behind each other within 25m from leader to follower; rule 3E6(b)). If a clean pass cannot be made within 500m, the trailing rider must fall

back at least 25m behind the faster rider; rule 3E6(c). In practice, this means you can't jump on the wheel of the rider that just went by you. Play fair!

No support vehicles are allowed on the course at any time; rule 3E7. Riders with support vehicles will be disqualified.

Please do not ride on the course after 10:00 am, and especially stay away from the finish line during the event! Non-racers crossing the finish line will interfere with results. If you must be near the finish line please make it clear you are not finishing. Otherwise the timer will get cranky and he reserves the right to replace the finish time you worked so hard for with one equal to the last time you went in front of his camera.

JUNIORS, please bring a parent, guardian or a pre-signed waiver from one of them. You know the deal. Roll-out will be just before you enter the start queue at the start line, not after you finish. Juniors 9-14 must ride mass-start legal bikes (i.e., no aerobars or cowhorns) and have a minimum of 16 spokes and no wheel covers, rule 115. Pointy helmets, skinsuits, and flashy booties are just fine.

Eddy Merckx riders please refer to the [event notes](#) for what you are allowed to ride and for what we will heckle you for riding. In short, you can use the same gear as the junior 9-14s.

Results will be posted after the last rider in your category finishes or is obviously out of contention. After the standard 15min protest period we will have an awards ceremony on the podium located at the registration area. There will be two podium ceremonies per field. First, we recognize the fastest three riders. Then we recognize the top 3 finishers who are NY residents and annual license holders by awarding their NY state medals. Champions will sport a podium jersey for the photos but please give it back! Champions can order their own jersey at:

<https://www.voler.com/browse/collections/details/li/NewYorkStateChamps>. Use coupon code "NYCHAMP" for approximately 50% off and you will receive your jersey by mail within 2-3 weeks. Skin suits are no longer available (sorry).

Thank-you very much for coming!

Have fun, ride safe!

-jeff

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[New York State Time Trial Championship, 15 July 2018](#)

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